

IF YOU ARE EXPERIENCING SYMPTOMS

- 1. I have _____ symptoms. Could this be AFib?
- 2. Should I be monitoring my heart rate with a heart monitoring device?
- 3. Do I need to make any lifestyle modifications?
- 4. Am I at risk of stroke?
- 5. Should I see a specialist?
- 6. When should I go to the emergency room?

IF YOU HAVE BEEN DIAGNOSED WITH AFIB

- 1. What is causing my AFib?
- 2. What can I do to prevent my heart from going into AFib?
- 3. What type of AFib do I have (e.g., paroxysmal, persistent, etc.)?
- 4. Are there any activities I should avoid?
- 5. Do I need to make any lifestyle modifications?
- 6. What is my stroke risk?
- 7. Am I at risk for any other medical conditions?
- 8. What are my treatment options?

IF PHYSICIAN RECOMMENDS MEDICATIONS

- What is the purpose of the medication? 1.
- Why are you recommending this medication?
- 3. What happens if I choose not to take the medication?
- 4. What side effects might I experience?
- 5. What should I do if the medication doesn't work?
- 6. Will medication cure my AFib?
- 7. Can I take these medications with (insert medication currently prescribed)

IF MEDICATIONS AREN'T WORKING

- What alternatives are there to medication?
- Am I a good candidate for a catheter ablation procedure?
- Can you refer me to an electrophysiologist?

QUESTIONS FOR AN ELECTROPHYSIOLOGIST

- Am I a good candidate for a catheter ablation procedure?
- 2. How many AFib catheter ablation procedures have you performed?
- 3. What is the success rate for the procedure?
- 4. If I get an AFib ablation, what is your treatment strategy? Can you describe what will happen during the ablation procedure?
- What is the recovery time of the catheter ablation procedure?
- What precautions do I have to take after a catheter ablation procedure?

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Always consult your doctor with questions about AFib, symptoms, or best treatment options.

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