



**Abbott**

## QUESTIONS TO ASK YOUR DOCTOR

Use this guide for conversations with your physician. Below is a list of questions you can ask your primary care physician, cardiologist, or electrophysiologist if you think you may have Atrial Fibrillation (AFib) or have been diagnosed with AFib.



### IF YOU ARE EXPERIENCING SYMPTOMS

1. I have \_\_\_\_\_ symptoms. Could this be AFib?
2. Should I be monitoring my heart rate with a heart monitoring device?
3. Do I need to make any lifestyle modifications?
4. Am I at risk of stroke?
5. Should I see a specialist?
6. When should I go to the emergency room?

### IF YOU HAVE BEEN DIAGNOSED WITH AFIB

1. What is causing my AFib?
2. What can I do to prevent my heart from going into AFib?
3. What type of AFib do I have (e.g., paroxysmal, persistent, etc.)?
4. Are there any activities I should avoid?
5. Do I need to make any lifestyle modifications?
6. What is my stroke risk?
7. Am I at risk for any other medical conditions?
8. What are my treatment options?

