



QUESTIONS TO ASK YOUR DOCTOR

Use this guide for conversations with your physician. Below is a list of questions you can ask your primary care physician, cardiologist, or electrophysiologist if you think you may have Atrial Fibrillation (AFib) or have been diagnosed with AFib.



IF YOU ARE EXPERIENCING SYMPTOMS

1. I have _____ symptoms.
Could this be AFib?
2. Should I be monitoring my heart rate with a heart monitoring device?
3. Do I need to make any lifestyle modifications?
4. Am I at risk of stroke?
5. Should I see a specialist?
6. When should I go to the emergency room?

IF YOU HAVE BEEN DIAGNOSED WITH AFIB

1. What is causing my AFib?
2. What can I do to prevent my heart from going into AFib?
3. What type of AFib do I have (e.g., paroxysmal, persistent, etc.)?
4. Are there any activities I should avoid?
5. Do I need to make any lifestyle modifications?
6. What is my stroke risk?
7. Am I at risk for any other medical conditions?
8. What are my treatment options?

IF PHYSICIAN RECOMMENDS MEDICATIONS

1. What is the purpose of the medication?
2. Why are you recommending this medication?
3. What happens if I choose not to take the medication?
4. What side effects might I experience?
5. What should I do if the medication doesn't work?
6. Will medication cure my AFib?
7. Can I take these medications with _____
(insert medication currently prescribed)

IF MEDICATIONS AREN'T WORKING

1. What alternatives are there to medication?
2. Am I a good candidate for a catheter ablation procedure?
3. Can you refer me to an electrophysiologist?

QUESTIONS FOR AN ELECTROPHYSIOLOGIST

1. Am I a good candidate for a catheter ablation procedure?
2. How many AFib catheter ablation procedures have you performed?
3. What is the success rate for the procedure?
4. If I get an AFib ablation, what is your treatment strategy? Do you plan on treating the arrhythmia with heat or ice?
5. What is the recovery time of the catheter ablation procedure?
6. What precautions do I have to take after a catheter ablation procedure?

NOTES

Always consult your doctor with questions about AFib, symptoms, or best treatment options.

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