



## QUESTIONS YOUR DOCTOR MAY ASK YOU

Use this guide for conversations with your physician. Below is a list of questions your doctor may ask you if you think you may have Atrial Fibrillation (AFib) or have been diagnosed with AFib.



### Do you experience any of the following symptoms?

- Irregular heartbeat or palpitations
- Chest discomfort
- Fatigue
- Shortness of breath
- Weakness
- Dizziness

### Have you seen any specialists for your symptoms?

### How long have you been experiencing the symptoms above? How often do they occur?

### What is the severity of these symptoms?

### Do they keep getting worse?

### Are any of your symptoms keeping you from your regular daily activities?

### Has your quality of life been impacted? How?

### What does your family history look like?

- Do you have a family history of heart disease?
- Do you have a family history of AFib?

### Have you had a heart attack?

### Have you ever been diagnosed with the following?

- Heart abnormality from birth
- Damage to the heart structure from a heart attack
- Heart valve problem

### What medications are you currently taking?

### Do you currently take heart rhythm control medication or heart rate control medication?

- How long have you been on those?



## NOTES

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Always consult your doctor with questions about AFib, symptoms, or best treatment options.

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